

Nazareth Physical Therapy School at Nazareth College in Rochester, New York. She conducts nationwide seminars for Cross Country University speaking on the Treatment of Neurological Patients. She is completing her PhD at NOVA Southeastern University.

"The Instructors enthusiasm was contagious! Her knowledge, experience, and treatment ideas were invaluable!"

Andrew T. Yannaccone PT

REGISTER IN 3 SIMPLE STEPS

Step 1: Enter Registrant Information

Name of Registrant _____
 Address _____
 City/State/Zip _____
 Facility _____
 Home Phone # _____
 Work Phone # _____
 Fax # (for confirmation) _____
 E-mail _____



Step 2: Select Seminar(s)

(Check the box next to the date for each seminar you wish to attend.)

Locations	Neuro Course \$155 Early or \$165 Late*	Balance Course \$155 Early or \$165 Late*
Boston (Framingham), MA	3-21-05 <input type="checkbox"/>	3-22-05 <input type="checkbox"/>
Hartford (Meriden), CT	3-23-05 <input type="checkbox"/>	3-24-05 <input type="checkbox"/>
Albany, NY	4-4-05 <input type="checkbox"/>	4-5-05 <input type="checkbox"/>

* Registrations received seven days prior to seminar date

Total Cost _____

Discounts:

- For an individual attending both seminars, subtract \$10.00! Use Promotion Code: "BOTH"
- If you are registering, three or more people take 10% off your final total! Use Promotion Code: "GROUP". Note: the \$10.00 discount does not apply to this group discount.

Step 3: Register Today!

(Use any of the below methods)

By phone 1-866-584-3570 (Toll Free!)
 Fax this form to (585) 427-7415
 Internet www.jjmowder.com
 Mail this form to Mowder Consulting Inc.
 265 Bastian Road
 Rochester, NY 14623

Credit Card
 Credit Card # _____
 Expiration Date _____
 Name on Card _____
 Authorized Signature _____

* Confirmations are mailed within 1 to 2 weeks of receipt of registration.

MOWDER CONSULTING
 265 Bastian Road
 Rochester, NY 14623

LOCATION

March 21-22, 2005 - Framingham, MA

Sheraton Framingham
 1657 Worcester Road
 Framingham, MA 01701 • 1-508-270-1937
<http://www.starwoodhotels.com/sheraton/index.html>

March 23-24, 2005 - Meriden, CT

Four Points by Sheraton Meriden
 275 Research Parkway
 Meriden, CT 06450 • 1-203-238-2380
<http://www.fourpointsmeriden.com/>

April 4-5, 2005 - Albany, NY

Ramada Inn Albany South
 416 Southern Blvd. (9W)
 Albany, NY 12209 • 1-518-462-6555

*All Hotels have free parking and a continental breakfast!

CONTINUING EDUCATION

These continuing education activities have been approved by the Ohio Physical Therapy Continuing Education Committee and the Occupational Therapy section of the Ohio Occupational Therapy, Physical Therapy and Athletic Trainers Board. The seminar **Functional Strategies for Treating Patients with Neurological Deficits** has been approved for **7 contact hours** and the course **Balance Challenges: Progressive Dynamic Treatment Strategies** has been approved for **6.5 contact hours**. Note: MA, CT, NH have no supervising authority for approving seminars.

MOWDER HEALTHCARE LECTURE SERVICES PRESENTS

Two new and distinctive seminars for the **Physical and Occupational Therapists** are coming to your area!

Functional Strategies for Treating Patients with Neurological Deficits

March 21, 2005 - Boston (Framingham), MA
 March 23, 2005 - Hartford (Meriden), CT
 April 4, 2005 - Albany, NY

AND

Balance Challenges: Progressive Dynamic Treatment Strategies

March 22, 2005 - Boston (Framingham), MA
 March 24, 2005 - Hartford (Meriden), CT
 April 5, 2005 - Albany, NY



Educate & Motivate

Functional Strategies for Treating Patients with Neurological Deficits

COURSE DESCRIPTION

This course will provide therapists various treatment ideas to improve function for patients with CVA, TBI, and other neurological deficits. A framework for therapy intervention will be reviewed using the importance of neuroplasticity and the research supporting it. Starting at the trunk, treatments will be delineated providing original intervention strategies to improve upper and lower extremity movement.

The presentation includes the use of digital video for movement analysis and improving assessment skills. Common movement abnormalities are analyzed and discussed to improve therapists' evaluation skills. Difficulties with treating the shoulder will be discussed as well as common tendencies found in the lower extremity. This will include the correct definition of spasticity and recommendations from the latest evidence on treatment choices to address these complexities. Many treatment positions will be given that will apply in all clinical settings.

Upon completion of this course, therapists will learn an evidence-based approach for choosing treatment strategies and improve their confidence level with intervention selections. There will also be a problem solving discussion to review appropriate goals to try and match treatment interventions discussed.

COURSE OBJECTIVES

Upon completion of this course, participants will be able to:

- Explain neuroplasticity and the support for its use using the latest research
- Understand the difference between normal and compensatory treatments
- Understand the importance of the trunk in movement
- Understand the role of impairments, functional limitations, and participation restrictions in treating the neurological patient

- Develop an appropriate treatment program to improve functional tasks for the neurological patient in supine, sitting, and standing
- Identify common causes of shoulder pain
- Describe functional and measurable goals to assist in reimbursement
- Identify treatment techniques to facilitate shoulder function
- Understand possible causes of lower extremity tone and appropriate adjustments
- Identify common problems with patients with pusher syndrome and how to best adjust the environment for treatment.

Who should attend:

- PTs, PTAs, OTs, OTAs, Rehabilitation directors
- This seminar is rated a basic to intermediate level of instruction

COURSE AGENDA

7:30-8:00	Check In
8:00	Neuroplasticity and the disablement model
8:30	Normal movement versus compensation
8:45	Assessment of impairments
9:15	Goal formation
9:30	Functional limitations with appropriate goals and interventions in bed
10:00	Break
10:15	Limitations in sitting with goals and intervention
10:45	Shoulder alignment and pain
11:15	Demonstration for the shoulder
11:30	Lunch (on your own)
12:30	Sit to stand impairments
1:15	Standing and gait impairments with goals and interventions
2:15	Break
2:30	Workshop for interventions
3:30	Pusher syndrome
4:00	Questions and case studies
4:30	Adjourn

Balance Challenges: Progressive Dynamic Treatment Strategies

COURSE DESCRIPTION

This one-day intermediate level course is specifically designed to improve the clinician's ability to identify specific impairments leading to balance dysfunction and then provide challenging interventions. Balance disorders affect clients in the orthopedic, neurologic, and geriatric populations, and involve all types of settings. A variety of treatment interventions for these diagnoses and settings will be discussed along with ideas for how to increase the challenge with these activities. This will include lower level patients who are unable to sit as well as higher-level orthopedic outpatients. This course will emphasize a variety of interventions to provide all therapists with new perspectives and innovative and challenging treatments using digital video of actual patients demonstrating the techniques discussed.

The majority of the course will focus on interventions, using evidence-based practice as a foundation, as well as discussions about the best outcome measures to use for individual settings. These valid and reliable outcome measures will also provide an avenue for improved reimbursement through using functional and measurable goals and balance descriptors.

COURSE OBJECTIVES

After this course, the participants will be able to:

- Recognize the role of the disablement model in developing interventions.
- Identify key environmental dimensions of balance
- Identify valid and reliable evaluation tools and instruments used in each individual setting to establish baseline function and document functional improvement.
- Identify various elements that contribute to balance deficits.
- Identify intervention strategies and techniques for patients focused on the elements of their balance deficits.

- Apply intervention options for patients at all functional levels based on evidence-based practice.
- Develop an individualized training program for patients with a variety of diagnoses.

Who should attend:

- PTs, PTAs, OTs, and OTAs
- This seminar is rated a basic to intermediate level of instruction

COURSE AGENDA

7:30-8:00	Check In (Continental Breakfast)
8:00	Balance defined, Disablement Model, Environmental dimensions
8:45	Outcome Measures
10:00	Break
10:15	Balance Assessment with Treatment Strategies at the Impairment Level
11:30	Lunch on your own
12:30	Balance Assessment with Treatment Strategies at the Impairment Level
2:00	Break
2:15	Treatment Strategies based on Functional Limitations
3:15	Documentation
3:45	Questions
4:00	Adjourn

ABOUT THE SPEAKER

J.J. Mowder-Tinney PT, MS, NCS, CWS, received her Bachelors of Science in Psychology from the University of Colorado-Boulder, and her Masters of Science in Physical Therapy from the University of Miami. She has over 9 years of experience from Strong Memorial Hospital in Rochester, New York specializing in the neurological population. J.J.'s professional experience also includes working in nursing homes, long-term care/skilled nursing facilities, treating home care patients, and performing private consultations. J.J. is a **Board Certified Neurology Specialist, Neuro-Developmental Treatment Trained**, and is a **Certified Wound Specialist**. She is an adjunct faculty member at

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