

Nazareth Physical Therapy School at Nazareth College in Rochester, New York. She conducts nationwide seminars for Cross Country University speaking on the Treatment of Neurological Patients. She is completing her PhD at NOVA Southeastern University.

"The Instructors enthusiasm was contagious! Her knowledge, experience, and treatment ideas were invaluable!"

Andrew T. Yannaccone PT

REGISTER IN 3 SIMPLE STEPS

Step 1: Enter Registrant Information

Name of Registrant _____

Address _____

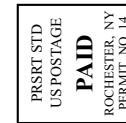
City/State/Zip _____

Facility _____

Home Phone # _____

Work Phone # _____

E-mail (for confirmation) _____



Step 2: Select Seminar(s)

(Check the box next to the date for each seminar you wish to attend.)

| Locations | Neuro Course \$155 Early or \$165 Late* | Balance Course \$155 Early or \$165 Late* |
|-----------------|--|--|
| Minneapolis, MN | 5-16-05 <input type="checkbox"/> | 5-17-05 <input type="checkbox"/> |
| Des Moines, IA | 5-18-05 <input type="checkbox"/> | 5-19-05 <input type="checkbox"/> |
| St. Louis, MO | 5-23-05 <input type="checkbox"/> | 5-24-05 <input type="checkbox"/> |
| Kansas City, MO | 5-25-05 <input type="checkbox"/> | 5-26-05 <input type="checkbox"/> |

* Registrations received seven days prior to seminar date

Total Cost _____

Discounts:

- One attendee: both seminars \$290, (save \$20.00!)
- Three attendees: one seminar \$145 each (save \$30!)
- Three attendees: both seminars \$280 each (save \$90!)
- Five attendees: both seminars \$260 each (save \$250!)

Step 3: Register Today!

(Use any of the below methods)

By phone 1-866-584-3570 (Toll Free!)
 Fax this form to (585) 427-7415
 Internet www.jjmowder.com
 Mail this form to Mowder Consulting Inc.
 265 Bastian Road
 Rochester, NY 14623

Credit Card Visa MasterCard American Express

CID (or CIN) # _____

Expiration Date _____

Name on Card _____

Signature _____

* Confirmations are e-mailed or mailed.



LOCATION

May 16 - 17, 2005 - Minneapolis, MN

Four Points by Sheraton Minneapolis Metrodome
 1300 Industrial Boulevard
 Minneapolis, MN 55413 • 1-612-331-1900

May 18 - 19, 2005 - Des Moines, IA

Four Points by Sheraton Des Moines Airport
 1810 Army Post Road
 Des Moines, IA 50315 • 1-515-287-6464

May 23-24, 2005 - St. Louis, MO

Holiday Inn Southwest & Viking Conference Ctr.
 10709 Watson Road
 St. Louis, MO 63127 • 1-314-821-6600

May 25-26, 2005 - Kansas City, MO

Holiday Inn Hotel & Suites Overland Park - W.
 8787 Reeder Road
 Overland Park, KS 66214 • 1-913-895-2765

**All Hotels have free parking and a continental breakfast!*

CONTINUING EDUCATION

Functional Strategies for Treating Patients with Neurological Deficits is worth 7.0 contact hours.

Balance Challenges: Progressive Dynamic Treatment Strategies is worth 6.5 contact hours.

Physical Therapists: Both seminars are approved in Minnesota, Wisconsin, Kansas, and Illinois by the appropriate organization for the contact hours stated above. They also meet the CE requirement of Iowa and Nebraska.

Occupational Therapists: The Illinois OTA approved both seminars for the contact hours stated above. Both courses have been submitted to the Kansas OTA for approval. The seminars meet the CE requirements of Minnesota, Wisconsin, Iowa, and Nebraska.

Go to www.jjmowder.com for the most recent updates for CE approvals and to see approvals for other states.

MOWDER HEALTHCARE SEMINARS PRESENTS

Two new and distinctive seminars for the **Physical and Occupational Therapists** are coming to your area!

Functional Strategies for Treating Patients with Neurological Deficits

May 16, 2005 - Minneapolis, MN
 May 18, 2005 - Des Moines, IA
 May 23, 2005 - St. Louis, MO
 May 25, 2005 - Kansas City, MO

AND

Balance Challenges: Progressive Dynamic Treatment Strategies

May 17, 2005 - Minneapolis, MN
 May 19, 2005 - Des Moines, IA
 May 24, 2005 - St. Louis, MO
 May 26, 2005 - Kansas City, MO



Educate & Motivate

Functional Strategies for Treating Patients with Neurological Deficits

COURSE DESCRIPTION

This course will provide therapists various treatment ideas to improve function for patients with CVA, TBI, and other neurological deficits. A framework for therapy intervention will be reviewed using the importance of neuroplasticity and the research supporting it. Starting at the trunk, treatments will be delineated providing original intervention strategies to improve upper and lower extremity movement.

The presentation includes the use of digital video for movement analysis and improving assessment skills. Common movement abnormalities are analyzed and discussed to improve therapists' evaluation skills. Difficulties with treating the shoulder will be discussed as well as common tendencies found in the lower extremity. This will include the correct definition of spasticity and recommendations from the latest evidence on treatment choices to address these complexities. Many treatment positions will be given that will apply in all clinical settings.

Upon completion of this course, therapists will learn an evidence-based approach for choosing treatment strategies and improve their confidence level with intervention selections. There will also be a problem solving discussion to review appropriate goals to try and match treatment interventions discussed.

COURSE OBJECTIVES

Upon completion of this course, participants will be able to:

- Explain neuroplasticity and the support for its use using the latest research
- Understand the difference between normal and compensatory treatments
- Understand the importance of the trunk in movement
- Understand the role of impairments, functional limitations, and participation restrictions in treating the neurological patient

- Develop an appropriate treatment program to improve functional tasks for the neurological patient in supine, sitting, and standing
- Identify common causes of shoulder pain
- Describe functional and measurable goals to assist in reimbursement
- Identify treatment techniques to facilitate shoulder function
- Understand possible causes of lower extremity tone and appropriate adjustments
- Identify common problems with patients with pusher syndrome and how to best adjust the environment for treatment.

Who should attend:

- PTs, PTAs, OTs, OTAs, Rehabilitation directors
- This seminar is rated a basic to intermediate level of instruction

COURSE AGENDA

| | |
|-----------|--|
| 7:30-8:00 | Check In |
| 8:00 | Neuroplasticity and the disablement model |
| 8:30 | Normal movement versus compensation |
| 8:45 | Assessment of impairments |
| 9:15 | Goal formation |
| 9:30 | Functional limitations with appropriate goals and interventions in bed |
| 10:00 | Break |
| 10:15 | Limitations in sitting with goals and intervention |
| 10:45 | Shoulder alignment and pain |
| 11:15 | Demonstration for the shoulder |
| 11:30 | Lunch (on your own) |
| 12:30 | Sit to stand impairments |
| 1:15 | Standing and gait impairments with goals and interventions |
| 2:15 | Break |
| 2:30 | Workshop for interventions |
| 3:30 | Pusher syndrome |
| 4:00 | Questions and case studies |
| 4:30 | Adjourn |

Balance Challenges: Progressive Dynamic Treatment Strategies

COURSE DESCRIPTION

This one-day intermediate level course is specifically designed to improve the clinician's ability to identify specific impairments leading to balance dysfunction and then provide challenging interventions. Balance disorders affect clients in the orthopedic, neurologic, and geriatric populations, and involve all types of settings. A variety of treatment interventions for these diagnoses and settings will be discussed along with ideas for how to increase the challenge with these activities. This will include lower level patients who are unable to sit as well as higher-level orthopedic outpatients. This course will emphasize a variety of interventions to provide all therapists with new perspectives and innovative and challenging treatments using digital video of actual patients demonstrating the techniques discussed.

The majority of the course will focus on interventions, using evidence-based practice as a foundation, as well as discussions about the best outcome measures to use for individual settings. These valid and reliable outcome measures will also provide an avenue for improved reimbursement through using functional and measurable goals and balance descriptors.

COURSE OBJECTIVES

After this course, the participants will be able to:

- Recognize the role of the disablement model in developing interventions.
- Identify key environmental dimensions of balance
- Identify valid and reliable evaluation tools and instruments used in each individual setting to establish baseline function and document functional improvement.
- Identify various elements that contribute to balance deficits.
- Identify intervention strategies and techniques for patients focused on the elements of their balance deficits.

- Apply intervention options for patients at all functional levels based on evidence-based practice.
- Develop an individualized training program for patients with a variety of diagnoses.

Who should attend:

- PTs, PTAs, OTs, and OTAs
- This seminar is rated a basic to intermediate level of instruction

COURSE AGENDA

| | |
|-----------|--|
| 7:30-8:00 | Check In (Continental Breakfast) |
| 8:00 | Balance defined, Disablement Model, Environmental dimensions |
| 8:45 | Outcome Measures |
| 10:00 | Break |
| 10:15 | Balance Assessment with Treatment Strategies at the Impairment Level |
| 11:30 | Lunch on your own |
| 12:30 | Balance Assessment with Treatment Strategies at the Impairment Level |
| 2:00 | Break |
| 2:15 | Treatment Strategies based on Functional Limitations |
| 3:15 | Documentation |
| 3:45 | Questions |
| 4:00 | Adjourn |

ABOUT THE SPEAKER

J.J. Mowder-Tinney PT, MS, NCS, CWS, received her Bachelors of Science in Psychology from the University of Colorado-Boulder, and her Masters of Science in Physical Therapy from the University of Miami. She has over 9 years of experience from Strong Memorial Hospital in Rochester, New York specializing in the neurological population. J.J.'s professional experience also includes working in nursing homes, long-term care/skilled nursing facilities, treating home care patients, and performing private consultations. J.J. is a **Board Certified Neurology Specialist, Neuro-Developmental Treatment Trained**, and is a **Certified Wound Specialist**. She is an adjunct faculty member at

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